

JANUARY 2026 NEWSLETTER

HAPPY NEW YEAR!

Dear parents,

I hope you all had an amazing holiday season and are ready to get back to dancing and tumbling. We had another remarkably successful Christmas recital, and I couldn't be prouder of all our dancers. Our dancers managed to hit the stage easily without a dress rehearsal and they did it with flair and finesse. You parents certainly did your part with great applause for each group...your support for each class of dancers was wonderful to see and hear. What an amazing performance and now I cannot wait to see the finished product in May! Congrats kids!!

Congrats also goes out to Charlotte Page of Astaire for winning our Thanksgiving Draw and half off her Spring Tuition and to Zoey Everett of Fosse for winning the Christmas Tree Draw and a \$100 gift certificate to the dance store. We appreciate everyone who participated in these two events and who generously donated items to make both so successful! You all have my utmost respect for your continued kindness!

IMPORTANT DATES FOR OUR SPRING SEMESTER 2026:

JANUARY 12, 13, 14 & 15, 2026: DANCE AND TUMBLING RESUMES

JANUARY 19, 20, 21 & 22: DANCE AND TUMBLING

JANUARY 26, 27, 28 & 29: NO DANCE AND NO TUMBLING: WINTER BREAK

FEBRUARY 2, 3, 4 & 5: DANCE AND TUMBLING

FEBRUARY 9, 10, 11 & 12: DANCE AND TUMBLING: VALENTINE PARTIES IN ALL CLASSES

FEBRUARY 16, 17, 18 & 19: NO DANCE AND NO TUMBLING: FEBRUARY SCHOOL BREAK

FEBRUARY 23, 24, 25 & 26: DANCE AND TUMBLING

MARCH 2, 3, 4 & 5: DANCE AND TUMBLING

MARCH 5: SENIOR ALL-STAR GAMES: GIRLS AT 5:30 AND BOYS AT 7PM

MARCH 9, 10, 11 & 12: DANCE AND TUMBLING

MARCH 16, 17, 18 & 19: DANCE AND TUMBLING

MARCH 23, 24, 25 & 26: NO DANCE AND NO TUMBLING: MARCH BREAK

MARCH 30, 31, APRIL 1 & 2: DANCE AND TUMBLING

APRIL 6, 7, 8 & 9: DANCE AND TUMBLING

APRIL 13, 14, 15 & 16: DANCE AND TUMBLING

APRIL 20, 21, 22 & 23: NO DANCE AND NO TUMBLING: APRIL SCHOOL BREAK

APRIL 27, 28, 29 & 30: DANCE AND TUMBLING: AWARDS WEEK, LAST WEEK OF REHEARSALS AT THE STUDIO. WE WILL MOVE THE SET TO C-PAC.

MAY 4, 2026/4-5:30PM: MANDATORY FINALE PRACTICE/TUMBLING RUN-THROUGH AT C-PAC

MAY 4, 2026/5:30-7:30PM: MANDATORY DRESS REHEARSAL FOR CAST CHARACTERS ONLY

MAY 6, 2025: MANDATORY FULL DRESS REHEARSAL FOR ENTIRE ACADEMY AT C-PAC

BARBIE, Recital #32 at C-PAC:

Friday, May 8, 2026 @7pm

Saturday, May 9, 2026 @ 7pm

Sunday, May 10, 2026 @2pm

SUMMER DANCE CAMP/WEEK INTENSIVE: JULY 13-16, 2026

DANCE STORE SCHEDULE FOR January & February 2026:

January 13 & 14, 2026: Tuesday from 4:30-8:15pm, Wednesday from 4:30-6:30pm

January 20 & 21, 2026: Tuesday from 4:30-8:15pm, Wednesday from 4:30-6:30pm

February 3 & 4, 2026: Tuesday from 4:30-8:15pm, Wednesday from 4:30-6:30pm

February 24 & 25, 2026: Tuesday from 4:30-8:15pm, Wednesday from 4:30-6:30pm

Tuition Payment Plans:

Tuition for people with Payment Plans will be withdrawn on January 5, 2026. (also February 2, March 2 and April 1, 2026) If you pay your tuition in full by January 16, 2026, you may deduct \$10 per tuition fee. All tuitions are due by January 21, 2026. Late fees will accrue at \$10 per week on January 22, 2026.

SPRING SCHEDULE:

Please pay special attention to the above dance and tumbling schedule. We have scheduled weeks off for play-offs and school vacations. It is important to know these dates so that we do not have any children coming to class when we have a scheduled week off. If we need to cancel dance or tumbling classes due to inclement weather, we will re-schedule these classes during one of our weeks off. Again, our rule for TMDA and cancelled classes is if all area schools are cancelled, then dance and tumbling for that evening will also be cancelled. We will always post messages on our Facebook and in your class messages if we cancel classes for that evening by noon of that day.

OUR DM'S FOR OUR CHRISTMAS SHOW:

Thank you for agreeing to be our DMs for your respective classes. We could not put any of our shows on without you! Thank you for your support and care of our dancers!

TUMBLING COSTUMES:

We will be ordering all tumbling costumes by January 23rd . You will need to give your children's sizes to Mr. Chris by this date: you can message him right in the group or if you are uncomfortable with that you can message him or tell him when you drop your children off at tumbling. If we do not hear from you about your child's size then we will order for you and do our best to get the correct size, but we will not be held responsible if we choose incorrectly so please, give your sizes to Mr. Chris! I have included the measuring chart at the end of this newsletter, and this is what you will use to guide you in making the proper decision on your child's costume. Girls will be wearing a leotard and shorts, and the boys will be wearing a T-shirt and shorts (boys sizes should be given in athletic wear, the size shorts and shirt they would purchase in Nike or Addidas). Those of you who have not made your costume deposit fee must do so when paying your January tuition. Costumes deposits are non-refundable and also not-returnable so please be sure of your child's size when ordering costumes.

TMDA Clothing Requirements:

We are going to ask children to sit out if they are not properly dressed for dance. Before Christmas, there were children in every class not wearing proper attire. We did not say anything because it was the holidays but this semester they will sit out if they are not properly dressed. Every student only needs one outfit for dance, and it is a requirement of TMDA. If you are coming straight from a game, then you may come in your uniform. **If you are coming from practice, you can use the locker room to change when you arrive.** Hair must be tied back for dance and tumbling...please make sure your little ones have their hair in a pony or bun for ballet. Thanks so much!

Bathroom Breaks:

We will open our doors 5 minutes early each day so that you may take your little ones to the bathroom before class. Please have them use the bathroom so that we do not have to disrupt class by taking the little ones to potty. Also, encourage your older children to use the bathroom once they have come into the building so that again, it does not disrupt dance or tumbling class. Thanks!!

Studio Doors and Outdoor Boots:

Please do not hold the doors open for extended periods of time when entering the building. It is going to be really cold in the hallways for our students if these doors remain open while bringing in your children. When you come in the back entrance, please just quickly take off your boots and place them in the cubby, move ahead and then change your child in the back locker room. This is where you will leave their jackets. This will allow those waiting outside to come in much quicker. Those coming in the front door, again just remove your boots and bring your bags and jackets with you to the waiting area. We must do our best to get those outside doors closed as quickly as possible so that we can keep our studio warm for our students.

NOTE: It is imperative that you use the correct door when coming into the building. Also, students need to wait for the prior class to be let out before coming into the building. With winter brings extra coats and boots and when there are too many students in the building at once, things get really hectic. This is also when boots go home with the wrong kids etc. Therefore label all your things so we can make the correct exchanges easily. Please help us with this??

PARENTS: You must also take your outside shoes off when entering our building. We have seen more people keeping their outside shoes on when coming into the dance store and this causes water and dirt on the floors which makes our dancers slip and fall. Please take your shoes off when entering the building and place them in a cubby, just like we ask our students to do. Thanks for helping us keep our studio safe and warm for all our students.

THE MAINE DANCE ACADEMY ON FACEBOOK:

To make a very long story a little shorter, there have always been 2 profiles for The Maine Dance Academy. In my efforts to work with Facebook to delete one of them, they deleted both and have made me start a new profile from scratch. So I am asking all of you to please accept an invite to my new page if you see one come by your page or if you do not, could you please go ahead and follow our new page PLEASE? Hit the like button and it would also be helpful if you could leave a kind word or two in the review area of our page? It has been so frustrating but at least I have a Facebook page again for TMDA! Thank you for taking the time to do this for us.

SENIOR ALL STAR GAMES ON MARCH 5TH, 2026:

PETITE, TINY, MINI, TROUPE AND COMPANY will be dancing at the Senior All-Star games on March 5th. I will have more information on this event with specific times to be at CHS and what songs each group will be dancing to in the February Newsletter. I just wanted you all to put this date into your schedule.

FINAL THOUGHTS AS WE BEGIN A NEW SEMESTER OF DANCE AND TUMBLING:

We look forward to another great semester of dance and tumbling. It is imperative that our students have their videos each week to watch: If you cannot get them to practice, please encourage them to watch the videos we send each week. It is remarkable what they retain by just watching. All troupes and Company are **REQUIRED** to practice each week as that is one of the reasons that they have made it into a troupe class. Make it fun parents and watch along with them! (Or put your dancing shoes on and share some laughs with your kids!)

Remember that we have many instructors available for private lessons. Miss Elizabeth and Miss Emily are available for dance most weekends and some evenings too. Mr. Chris is also available for private tumbling lessons as well. Just contact them through Facebook for a lesson! Lessons must be paid for at the time of the lesson, and the cost is **\$35 per half hour.**

Let us have a great semester as we start Act 2 and work towards our May recital. **BARBIE** will be an amazing show, with an amazing set (that has started to be painted!) cast, dancers, and tumblers!

#32 here we come down the home stretch! This is truly when all the magic comes together! I have to pinch myself that this has been my life for past 32 years....it has been a beautiful dream!

We want to congratulate Miss Malerie on her pregnancy....she is now on pregnancy leave as she is due in February. We are delighted to announce that Miss Viv Prashaw will be replacing her this semester. Viv is back and we are putting her right back into the studio schedule! Welcome home Viv! Miss Viv is also available for private lessons as well.

Thanks for your continued support and kindness to us at TMDA! Your instructors and coaches are anxious to see you in class!

Miss Colleen and her amazing staff!

TUMBLING CHARTS ARE BELOW FOR LEOTARD AND SHORT SIZES.

NOTE: Not all costumes come in all of these sizes. If you chose for example and IC (intermediate child) which is between and small child -SC and medium child- MC and the leotard does not come in that size, then we will order up always and never down so we would order you a medium child. Remember that girls will be in leotards, and these are meant to be worn tight and not loose. I have never seen a toddler or xxs child leotard in any of their catalogs, the smallest would be an xsc. I also have never seen any "LONG" leotards either so keep that in mind when choosing a leotard size. **SIZES ARE DUE 1/23/26.**

WOMENS SIZE CHART										
	XSA/PA (0/2)	LONG XSAL (0/2)	SA (4/6)	LONG SAL (4/6)	MA (8/10)	LA (12/14)	XLA (16/18)	XXLA (20)	XXXLA (22/24)	
BUST	IN	32 - 34	32 - 34	34 - 36	34 - 36	36 - 39	39 - 42	42 - 45	45 - 48	48 - 52
	CM	81 - 86	81 - 86	86 - 91	86 - 91	91 - 99	99 - 107	107 - 114	114 - 122	122 - 132
WAIST	IN	24 - 26	24 - 26	26 - 28	26 - 28	28 - 31	31 - 34	34 - 38	38 - 43	43 - 47.5
	CM	61 - 66	61 - 66	66 - 71	66 - 71	71 - 79	79 - 86	86 - 97	97 - 109	109 - 121
HIPS	IN	33 - 35	33 - 35	35 - 37	35 - 37	37 - 40	40 - 44	44 - 48	48 - 52	52 - 56
	CM	84 - 89	84 - 89	89 - 94	89 - 94	94 - 102	102 - 112	112 - 122	122 - 132	132 - 142
GIRTH	IN	55.5 - 57.5	57.5 - 60	57.5 - 60	60 - 62	60 - 62	62 - 63	63 - 65	65 - 68	68 - 71
	CM	141 - 146	146 - 152	146 - 152	152 - 157	152 - 157	157 - 160	160 - 165	165 - 173	173 - 180
INSEAM	IN	29 - 33	29 - 33	29 - 33	29 - 33	29 - 33	29 - 33	29 - 33	29 - 33	29 - 33
	CM	74 - 84	74 - 84	74 - 84	74 - 84	74 - 84	74 - 84	74 - 84	74 - 84	74 - 84

GIRLS SIZE CHART											
	T (2T)	XXSC (3T)	XSC (4/5)	SC (6/6X)	IC (7/8)	LONG ICL (7/8)	MC (10/12)	LONG MCL (10/12)	LC (14)	XLC (16/18)	XXLC (20)
BUST	20 - 21	21 - 22	22 - 24	24 - 26	26 - 28	26 - 28	28 - 31	28 - 31	31 - 33	33 - 37	37 - 39
WAIST	20 - 21	21 - 22	22 - 23	23 - 24	24 - 25	24 - 25	25 - 27.5	25 - 27.5	27.5 - 29.5	29.5 - 33	33 - 35
HIPS	20.5 - 21.5	21.5 - 22.5	22.5 - 25	25 - 27	27 - 30	27 - 30	30 - 33.5	30 - 33.5	33.5 - 35.5	35.5 - 39	39 - 41
GIRTH	33 - 35	35 - 37	37 - 41	41 - 44	44 - 47	47 - 52	47 - 52	52 - 54.5	52 - 54.5	54.5 - 57	57 - 58.5
INSEAM	13 - 14.5	14.5 - 16	16 - 19.5	19.5 - 22.5	22.5 - 25	25 - 28	25 - 28	28 - 29.5	28 - 29.5	29.5 - 30.5	29.5 - 30.5